

KIM'S REPORT By Kim Herd

The trip took a different twist this year. The social club voted for Hawke's Bay so we decided to trial a new system. Instead of being away from home for 6 days and 5 nights, which in the past has limited the trips for a few, we decided to have a week of day trips, and looking at the numbers it was a huge success. It gave people who have never attended a trip the chance to try different days and activities without having the anxiety of being away from home.

We started out well with a trip to central Hawkes Bay; we spent the morning at Central Hawke's Bay Settlers Museum in Waipawa. If you ever want a nice outing it is a great museum. After an early picnic lunch at the museum, we went to Takapau for high tea at Oruawharo. This is a stunning piece of our colonial history. The owners are very passionate about preserving and maintaining its rich history. FYI it would be a lovely place for a wedding.

Day 2 was a lovely day in the Bay. We went to the Church Road Winery for

a tour of the winery, the museum and a wine tasting. What a great place with very friendly staff. I did not try any of the wine but by all accounts, it was very nice and highly recommended. After a picnic lunch at Anderson Park, we went to Mr Apple at Whakatu. We met with Mark Ronberg, who gave us a very enthusiastic talk on Hawke's Bay apples. There was even a tasting and a quiz. Some may remember Mark's brother Dean who was a client a few years ago. It was nice to catch up with him and share his passion for apples.

Day 3 was another great day. Fortunately we had good weather all week. We decided to go to Te Mata Mushrooms in Havelock North. We thought we needed to support a well-established local business. We were not disappointed. Who knew that mushrooms were so fascinating? They really are fun guys (fungi's). The workers pick every day of the year except Christmas day. That is dedication to their craft. We left there and savoured another Hawke's Bay tradition, Rush Munro's ice cream. This was enjoyed by all and a delicious pre-lunch treat. We then went on and

had fish and chips at Cornwell Park. Followed by shopping at K-Mart. Hastings really does have some great things to do.

Day 4 was the day many people were looking forward to, Gannet Safaris Overland. This trip did not disappoint. The birds were fantastic and the scenery was stunning. For those who missed out, it is well worth the effort to go and see for yourself.

Day 5 had a relaxed start to it. We were going out for lunch at the Filter Room Ale & Cider House. The Filter Room had generously supported us through the year so it was an opportunity to return the favour. It was a fantastic choice for lunch. And everyone was happy with their food, it was all delicious. Thank you Filter Room for making our last trip day memorable.

I would like to thank the staff, clients, carers, Derek and our management for making this year's trip a huge success. We look forward to doing it all

**See the quiz on
page 12 for a
chance to win a
\$80 voucher for
'The Warehouse'**



Strive Rehabilitation at
Hawke's Bay

Inside this issue:

<i>Kim's Report</i>	<i>1</i>
<i>Photo Gallery</i>	<i>2&3</i>
<i>Fundraising</i>	<i>4</i>
<i>Transport</i>	<i>5</i>
<i>Dear Diary</i>	<i>5-9</i>
<i>Thank you's</i>	<i>9 & 10</i>
<i>Christmas Lunch</i>	<i>11</i>
<i>Trip Newsletter Quiz</i>	<i>12</i>



PHOTO GALLERY



PHOTO GALLERY (Cont...)



DAY TRIP WEEK

Strive Rehabilitation @ Hawke's Bay is very excited to let you know how our very first 'Day Trip Week' went.

Why did we change to 'Day Trip Week' rather than the Annual Trip this year?

To **include more of our clients** this year, we decided to organise **day trips** around **Hawke's Bay** rather than staying in accommodation overnight. This was the perfect year to do it too as the annual trip was to be in Hawke's Bay anyway.

FUNDRAISING—How did we go?

The fundraising for Day Trip Week went really well. **A big thank you to everyone involved.** Give yourselves a pat on the back, you have all done a great job.



EVENT	AMOUNT RAISED
'ecostore' soaps	\$ 331.00
Instant Kiwi Raffles	\$ 150.00
Cake Stall	\$ 330.00
Scone Days	\$ 1238.70
Movie Night	\$ 784.00
Silent Auction	\$ 580.00
Book Fair	\$ 608.90
Grocery Raffle	\$ 358.00
The Village Press Olive Oils	\$ 288.10
Finn's Fudge	\$ 192.00
TOTAL	\$4860.70



There are still 'ecostore' soaps—Just Lemongrass for \$2.00 a bar or 2 for \$3.00. When sold this will go towards funds for the **Strive Rehabilitation @ Hawke's Bay Christmas Party**.

Don't forget the quiz on page 12 for a chance to win a \$80 voucher for 'The Warehouse'



TRANSPORT

We used **WBL Bus & Coach (Waipawa Buses)** as we have used them for our transport for the past few years on our trips and they have been great.

Donna was the person from WBL Bus & Coach who we dealt with and she **organised** everything for us. Thank you Donna and the team at WBL Bus & Coach.

The **bus was awesome**. It was very comfortable with lifting arms which made getting into the seats a lot easier. Best of all it had two doors which made loading and unloading so much faster. This year there was an extra support rail at the front door which things a lot easier. I believe we have Roger to thank for that. Roger was the bus driver for the Blenheim trip & Manawatu Exchange in Pahiatua.

This year the bus the bus departed from and **returned** to EIT every day.

Derek, our bus driver was fantastic, we were so lucky to have him. This is the sixth trip Derek has been on.

He **entered into the spirit** of Day Trip Week and **accommodated our needs**. Nothing was ever a problem for Derek.

Thank you so much for everything **Derek**. You played a huge part in making the trip the success it was.



DEAR DIARY

Monday 1st October

Day one of 'Day Trip Week' was our Central Hawke's Bay day.

In the morning we went to **Central Hawke's Bay Settlers Museum** in Waipawa. This is a very interesting museum - well worth a stop if you are passing through. It is a bit sad though when you see things from your childhood in a museum!

Then we had a picnic lunch outside the museum and admired the six shops in Waipawa - just kidding Kerry - there's actually seven. After lunch we had High Tea at Oruawharo Homestead. We went there last year and it was pouring down with rain but this time it was a sunny Hawke's Bay day which gave us the chance to have a good look around the beautiful homestead & gardens.

Thank you Peter & Dianne for the very interesting presentation & delicious High Tea.



Central Hawke's Bay Settlers Museum



Oruawharo Homestead



The delicious High Tea

Tuesday 2nd October

Day two of 'Day Trip Week' revolved around two vital parts of Hawke's Bay - wine & apples. We started the day with a tour of **Church Road Winery** in Taradale. Hawke's Bay is recognized around the world for its award winning wines. Church Road is one of the oldest wineries in New Zealand, with over 120 years of winemaking experience, it is one of Hawke's Bays most awarded wineries.

We had a look around the underground wine museum which is actually within the old concrete vats where the wine used to be made. Then we got to look around and see how the wine is now made - very impressive. To top it all off we had a wine tasting.

Thank you to **Mitch, Rebecca & Laura** for giving us such a great morning.

We then had a picnic lunch at Anderson Park before we went to **Mr Apple Packhouse** in Whakatau where we met **Mark Ronberg** who gave us a very interesting talk about apples and the packhouse. We had a quiz where we sampled four different varieties of apples then had to decide which variety they were. I never won anything - I think it was rigged! Mark then gave us a look at the packhouse. It wasn't operational as this isn't the apple season but this made it perfect for us as we didn't have all the busyness around us. Thank you Mark.



Church Road Winery



Wine making process



Wine tasting



Mr Apple Packhouse



Presentation from Mark Ronberg



As you can imagine, Mr Apple are very strict on hygiene

Don't forget the quiz on page 12 for a chance to win a \$80 voucher for 'The Warehouse'



Wednesday 3rd October

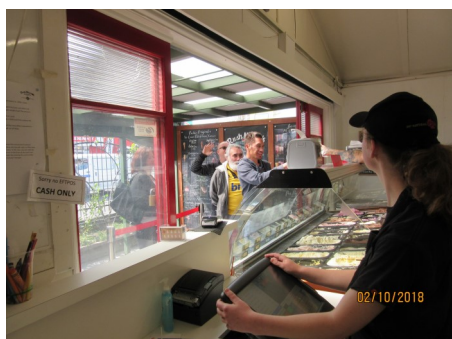
Day three of 'Day Trip Week' and another glorious day with Hawke's Bay sunny weather. We started the day at **Te Mata Mushrooms** in Havelock North. We were split into two groups and shown the remarkable process of growing, picking and packing the mushrooms. They have 20 Growing rooms where they grow the mushrooms and are NZ's second largest mushroom farm, picking 21 to 23 tonnes per week. Did you know, once mushrooms appear, they double in size every 24 hours. Fascinating! Thank you to Martin & Robyn for showing us around. A lot of us purchased mushrooms in the shop afterwards. I had mushroom soup for dinner - delicious.

We then went to the **Rush Munro's Garden Shop** and had one of their yummy ice-creams. So many flavours and all of them delicious so it is always hard to choose. This was followed by **Fish & Chips** at **Cornwall Park**. What better lunch - ice cream and fish & chips.

The day was finished off with some shopping at **K-Mart**. A shopping morning or afternoon was always a tradition on Annual Trips so why not carry it through to 'Day Trip Week'.



Te Mata Mushrooms



Ice creams @ Rush Munroes

Fish & Chips @ Cornwall Park

Thursday 4th October—By Lynda Christensen

Once again we had a beautiful sunny Hawke's Bay day. All aboard the bus in a well organised fashion. After Kim had completed her daily head count, Derek, our bus driver was given the nod to proceed. So off we went along the beachfront and out to **Te Awanga** pulling in at the **Gannet Safari Overlander** operators car park. Everybody off the bus to take our very last opportunity to make a comfort stop – **three hours with no loo!**

We then split into two groups and boarded the **Safari buses** – whew, I had expected bobbing about on the back of a tractor or a jeep but no, this was a **luxury** tour and our driver, Rob assured me he was a slow driver. The journey up to the gannet colony – by the lighthouse was steep and windy but scenic and informative, rich in bush tracks, wildlife – turkeys, pheasants and rabbits. We could hear Pete in the back taking shots with his pretend gun. Rob gave a very interesting commentary rich in historical facts, past the historic Kidnappers Lodge, all the way to the colony.

We arrived at the colony and it was spectacular! Views across the sea all the way to Mahia. A cuppa and a biscuit was served so we all settled along the bench seats and watched these absolutely awesome birds. The males bring the

Thursday 4th October cont.....

females seaweed to make the nests. I expected it all to be a very smelly experience, but it was not. Occasionally a breeze would drift by but nothing too overwhelming.

Lunch was a picnic lunch at Annie's secret spot along the Te Awanga beachfront. Followed by a quiet game of petanque on the grassed area for those who wanted to play. Others walked along the beach and collected wild flowers and pretty shells. I preferred to just sit and enjoy coffee and biscuits listening to the waves, breathing the fresh air all the while with the sun breathing down my back.

I have lived in Hawke's Bay for my whole 54 years and had to question myself as to why I had never been to this lovely piece of paradise before. Thank you for including this event into our trip week. My husband put me to bed early as I think he was tired of me ranting how wonderful my day to the gannets had been. I would go again in a heartbeat.



Cape Kidnappers with Gannet Safaris Overland



Lunch @ Annie's secret spot



*For a Positive Future
Mo te heke mai pai*

Strive Rehabilitation @ Hawke's Bay
will have the last client day for 2018 on
Wednesday 19th December

We open again on
Monday 21st January 2019

**Don't forget the quiz on page 12 for a chance to win a
\$80 voucher for 'The Warehouse'**

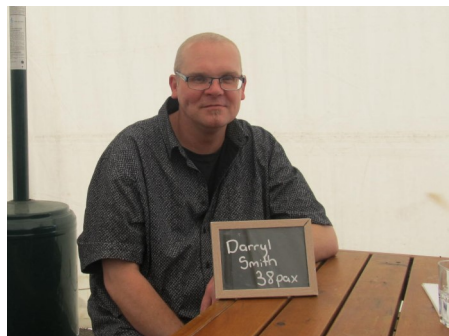


Friday 5th October

Day 5 of Day Trip Week - the last day. Instead of having our dinner out as we have done in the past, we had lunch out. **The Filter Room Ale & Cider House** in Meanee, generously displayed the photos from our Photography Group last year so we thought we would have lunch there & what a lunch - it was absolutely delicious. For mains there was a choice of Fish & Chips, Pot Pie, Chicken Roulade or Porterhouse steak. For dessert there was a choice of Sticky Date Pudding, Chocolate Mud Cake or Crème Brûlée. It was very hard to choose.

Thank you to the team at The Filter Rooms Ale & Cider House for looking after us so well. Also a big thank you to **Darryl** for organising the lunch out.

This was the **perfect end** to what has been a **fabulous week**.



Thank you Darryl

THANK YOUS

Thank you so much to those who have given us grants and donations which go a huge way to making 'Day Trip Week' such a success:



*For a Positive Future
Mo te heke mai pai*

**Strive Rehabilitation
@ Hawke's Bay Trust**

Thank you to everyone who gave us donations towards our trip to **Hawke's Bay (Day Trip Week)**. Donations from **generous people** like you went a long way to making the week such a success.
Thank you, we appreciate it.



THANK YOUS (CONT...)

I have already said a thank you to Derek the bus driver and to everyone for the fundraising but there are some other people we want to thank.

Kim Herd—you did a fabulous job Kim and you get a BIG thank you from all of us.

The Carers—Joelle Specht & Cam Rameka.

The SR Staff—Pete McLachlan, Darryl Smith, Annie Spiekerman., Davey Jones, Chris Verplanke De Meyer, Denise Davies, Paul Surgenor & Vanessa Baxter. Without you guys, none of this would happen. Thanks heaps, we appreciate it.

Guenevere, Pete, Maxine, Carron & Sherilyn—Stayed behind and kept the Strive Rehabilitation @ Hawke's Bay running. Thank you all, we appreciate that.

Maria Dawson & Kim Herd—Maria & Kim take care of the food during the week. We were all well fed. Thank you, you did a really good job.

The Strive Rehabilitation @ Hawke's Bay Trust—Thank you very much for the funding. It went a long way to making this a very enjoyable trip.

Darryl—for organising the another delicious dinner out at 'Coromandel Hotel'

The Social Club - you did a great job with all the trip planning and planned a very successful week.

And most of all -

All the clients—Everyone participated in some way towards the Day Trip Week planning, fundraising etc. Thank you guys, you did an awesome job and made this an extremely enjoyable week.

Answer the **six questions** on the next page
& go in a draw to win a **\$80 voucher** for
'The Warehouse'

All the **answers** can be found
in this **newsletter**

**Answers to be in by 12 noon on
Friday 7th December 2018**

Post:

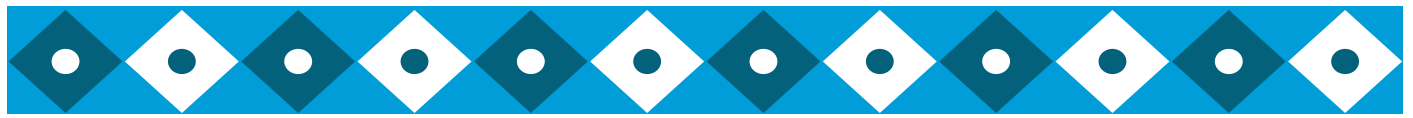
Strive Rehabilitation @ Hawke's Bay
Private Bag 1201
Taradale 4142
Att. Anita

Email: anita.miller@strivehb.org.nz

**Answers & winner will be published in the
December newsletter**

Good Luck





Strive Rehabilitation @ Hawke's Bay

Christmas Lunch

11:30 am—2:00 pm

Wednesday 19th December 2018

@

Strive Rehabilitation @ Hawke's Bay

For a BBQ Lunch catered by
Raymond Van Rijk



\$5.00 for Strive Rehabilitation Clients

\$15.00 for friends/family etc



Final date for numbers and payment is Friday 7th December

Please see Kim

Phone: (06)9748000 ex 5254 DDI: (06)830 1254



@ thought

Manager: Guenevere Weatherley

Rehab Professional: Maxine Bevin

Administration Manager: Carron Burn

Key Support Worker: Kim Herd

Darryl Smith

Pete McLachlan

Sherilyn Rawlings

Roger Mabey

Denise Davies

Administration Assistant: Anita Miller

Kitchen Support : Maria Dawson

SOCIAL CLUB

Co-ordinator: Anita Miller

Staff Support: Kim Herd

Secretary: Maria Dawson

Ross Hantler

Treasurer: Andrew Routledge

Committee: Michael Katene

Michael Hape

Teresa Ashe

Kenneth Pereka

Newsletter Editor: Anita Miller

QUIZ QUESTIONS

1. What **date** is the Strive Rehabilitation @ Hawke's Bay **Christmas Party**?



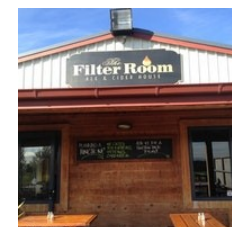
2. How much **money** did we **fundraise** for the **Book Fair**?



3. What was our **bus driver's name**?



4. Where did we go for our **lunch out**?



5. Who helped us **fund** the trip? (**Grants & Donations**)



6. What is the **prize** if you win the draw for this **quiz**?



7. When is the **last client day** in **2018** for **Strive Rehabilitation @ Hawke's Bay** ?



For a Positive Future
Mo te heke mai pai

See Anita or Kim if you have any questions at the Strive Rehabilitation @ Hawke's Bay
Phone 06 830 1557 (DD) or Email anita.miller@stewartcentrehb.org.nz