

## FROM THE EDITOR

Hello everyone and welcome to the August edition of @ thought..

Guenivere is full on at the moment, in fact as I write this she is down in Wellington most of this week attending a workshop. So you'll just have to put up with me.

It's been a big start to the month as we've said goodbye to Kerry Harper. After 19 years, last Friday 10th August was Kerry's last day at Strive Rehabilitation @ Hawke's Bay (formally Stewart Centre @ EIT). Kerry has started up so much over the years like the Annual Trip, Supported Living, IF, having a SR@HB in Central Hawke's Bay just to name a few. The

biggest thing Kerry brought to the service was his sense of humor which has been invaluable to so many of us. We wish you nothing but the best for the future Kerry and you will most definitely be missed.

There will be a 'Special Edition' newsletter dedicated to Kerry coming out very soon so keep a look out. This will include photos and a write up about his Farewell Afternoon Tea last Thursday. Kerry will love that – a whole newsletter centered on him!

We have an exciting new announcement about this years Annual Trip and

you can read more about it in this newsletter.

Also there is a write up's about the Aphasia Project Team's Mid-Winter Lunch, the Women's Group and lots of photos so we can see what the groups have been up to lately.

Enjoy the rest of the month and the start of Spring.

Kind regards  
Anita Miller

## FROM KERRY

The time has come for me to take on the next chapter in my working life so with mixed feelings of sadness and excitement last Friday 10th July 2018 was my last day with the service.

As most know I have loved being a large part of the Stewart Centre @ EIT now Strive Rehabilitation Hawke's Bay. It has been huge privileges to support so many people make changes to their lives over the past 19 years and this place and will always hold a special place in my heart.

I have accepted a position with Mid Central Health as a Connector for the new Enabling Good Lives soon to go live in the Manawatu, Wanganui and Taranaki areas.

I would like to have the opportunity to say goodbye to and thank you to all the people that I have been fortunate to work with.



Strive Rehabilitation at  
Hawke's Bay

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## MID-WINTER LUNCH APAHSIA PROJECT TEAM (18 JULY)

The **Aphasia Project Team** celebrated its annual **mid-winter lunch** at the **Puketapu**



It also happened to be **Sarah's birthday**.



**30 people** shared lunch including Aphasia Project Team members, whānau and



This year, **Pete**, was our support person and driver. Thank you, Pete!



We were also joined by our **new manager, Guenevere**, and her partner, **Ross**.



It is a **great opportunity** to catch up outside our weekly meetings and to get together with whānau and friends.





Thank you to  
everyone who  
donated/bought baking  
for the  
Strive Rehabilitation @ Hawke's Bay  
'Cake Stall'



With your help we raised:



A special **thank you** to the Strive Rehabilitation @ Hawke's Bay  
**Women's Group** for doing the 'Cake Stall'  
**Great job ladies!!**

We are now **selling tickets** for our

**Grocery Raffle**

**Fundraising** for our trip to

**HAWKE'S BAY**

**\$2.00** a ticket



**Thank you**

## MOVIE NIGHT—How did it go?

On Thursday night 12th July we had '**Movie Night**' which was a fundraiser for our trip to Hawke's Bay. The movie '**Finding Your Feet**' was really good. If you haven't seen it already, I would definitely recommend it on these cold days/nights during winter.

At half time we had coffee and delicious cakes and slices baked by **Kim Herd**. Thank you Kim. Then we had a draw for the lucky winners of the **mystery seat prizes**. The prizes were:

- **New World Gift Card—donated by Anne Cantick**
- **Ecostore Soaps—Strive Rehabilitation @ Hawke's Bay Social Club**
- **One month membership for Pettigrew Green Arena Gym—donated by Pettigrew Green Arena Gym**
- **Mitre 10 Gift Card—donated by Anne Cantrick**
- **Honey & Fudge—donated by Strive Rehabilitation @ Hawke's Bay Social Club**
- **Chocolates—donated by Silky Oak Chocolates**

**Congratulations** to everyone who won these prizes and a big thank you to everyone who generously donated prizes.

Also congratulations to everyone that won an Instant Kiwi Raffle.

Thank you very much to everyone who came and helped make this such a great event.

## Please support these businesses who generously donated the mystery seat prizes:

**PETTIGREW GREEN ARENA GYM**  
480 Gloucester Street  
Taradale



**SILKY OAK CHOCOLATES**  
1131 Links Road  
Waiohikik 4183



## With your help we raised:

**\$784.00**

In ticket sales

+

**\$354.00**

For raffle, oils, fudge,  
soaps

Strive Rehabilitation @ Hawke's Bay



# BOOK FAIR



**9:30 am—1:30 pm**  
**Thursday 16 August &**  
**Friday 17 August at**  
**Strive Rehabilitation @ Hawke's Bay**

- **Books galore**
- **Home made cards**
- **Soaps, Scarves & Grocery Raffle**
- **Pieces of cakes/slices to buy**
- **Mr Candy's Ice Cream—\$1.00 donated to the Book Fair for every ice cream sold (over \$3)**



**Books can be dropped off at Strive Rehabilitation @ Hawke's Bay between 8am to 4pm from Monday to Thursday & 8am to 2pm on Friday**

Contact Kim Herd on (06) 830 1254(DD)  
email [kim.herd@strivehb.org.nz](mailto:kim.herd@strivehb.org.nz)

# ICE CREAM DAY FUNDRAISER

For every ice cream sold (over \$3) we will

donate **\$1** per ice cream to

**Strive Rehabilitation @ EIT**

Raising funds for their annual trip

Join us at their annual Book Fair on Thursday August 16<sup>th</sup>  
9.30 am – 2.00 pm behind N Block on the grassy area



 [facebook.com/mrcandysicecream/](https://facebook.com/mrcandysicecream/)

## BOOK FAIR

It was so successful last year we thought we would have another '**Book Fair**' as a fundraiser

This will be at Strive Rehabilitation @ Hawke's Bay on Thursday 16<sup>th</sup> and Friday 17<sup>th</sup> August. Yes, it is tomorrow. Sorry this newsletter is very late and for those of you receiving it by post, it will be too late. Please see the flyer on the previous page for more details.

A big **thank you** to everyone who has donated books so far, we have a good collection and there are some really good books there.

At the book Fair as well as the books we will have pieces of a selection of **slices/cakes** for sale—made by **Kim** so we know they will be delicious. Also we will have:

- Grocery Raffle
- Silent Auction
- Soaps
- Scarves
- Homemade cards



We have an extra special treat this year. **Mr Candys Ice cream** will be on the grass outside Strive Rehabilitation @ Hawke's Bay. They are generously going to donate **\$1.00** to the Book Fair for every ice cream sold (over \$3.00).

**We look forward to hopefully seeing you there.**

## THE VILLAGE PRESS OLIVE OILS—How did we go?

Last year they were so popular we thought we'd do it again this year and sell packs of 'The Village Press' Olive Oil as a fundraiser.

We ended up selling **\$1674.33** worth of olive oil and of that we made **\$335.00** towards our fundraising.

Thank you to everyone that brought and sold the oil packs. We appreciate your support.

A special thank you our No 1 sellers **Anne Cantrick & Robbie Greaney**.



## THE SILENT AUCTION

### Silent Auction



The 'Silent Auction' has **started** today and is running through until **Friday 14 September**. This is a fundraising towards our trips around Hawke's Bay

The 'Silent Auction' **booklet** has all the **fantastic packages** you can bid on. A few of the things up for bidding is some fabulous artwork, woodturned items, gym membership, Arataki honey, Warehouse Gift Card, bedding, books, hand knitted items, perfume, petrol vouchers, a two light table and a lot more.

We have put out a **booklet** that has a photo and **description** of all the packages you can bid on.

At the **front** of the booklet you can find the **different ways** you can **place a bid**. Also at the **back** please take note of all the **businesses/individuals** who have donated prizes to Strive Rehabilitation @ Hawke's Bay. Please **support** these businesses where you can.

The booklets are being sent by email and post and it is also on our website [www.striverehabilitationhb.org.nz](http://www.striverehabilitationhb.org.nz) and on our Facebook page [Strive Rehabilitation at Hawke's Bay](https://www.facebook.com/StriveRehabilitationatHawkesBay)

Please **keep checking** on Facebook as we will **update the bids** every week so you can see what the next bid is.

If you haven't received a booklet by next week and would like one please let us know and we'll get one to you.

**Happy bidding!**

A big thank you to **Clubs Hastings**  
for the generous donation of \$250.00  
towards our trips around Hawke's Bay.  
Thank you so much for your support  
We really appreciate it

# Ecostore GOOD SOAP

## . Lemongrass (80g)

A creamy plant-based soap with the fresh clean smell of lemongrass. Our gentle plant and mineral based soaps cleanse and nourish your skin without removing the natural protective oils.



## . Grapefruit & Mint (80g)

An invigorating plant-based soap to cleanse and refresh your skin. Our gentle plant and mineral based soaps cleanse and nourish your skin without removing the natural protective oils.



**\$2.50 a bar**

Fundraising for the  
**Strive Rehabilitation @ Hawke's Bay**  
trip to  
**HAWKE'S BAY**

Contact Kim Herd on (06) 830 1254 (DD)  
email [kim.herd@strivehb.org.nz](mailto:kim.herd@strivehb.org.nz)

Internet Banking is available—speak to Kim

# Strive Rehabilitation @ Hawkes Bay Women's and Men's Group Organising an **outing** to **DEBRETTS Hot Pools in TAUPO**



**WHEN** Friday 21 September

**LEAVE Strive HB** 9am

**Return to Strive HB** 4pm

Talk to Annie to Put your Name on the List

## WOMEN'S GROUP By Annie Spiekerman

We have been going on outings around Hawkes Bay and enjoying ourselves. We all help each other and the camaraderie amongst us is superb.

- We have visited **Artmosphere** an **Art Gallery** in Waipawa. Open to everyone and admission is free. Lovely people and we were invited into their living room to have our morning tea.
- We have used the kitchen in the **nursing faculty** and made the best **kumera salad** ever. Mary brought us **Milka chocolat** from Europe and that did not last very long at all.
- Coffee at the **airport** where **Donna** and her husband **Jim** joined us for the morning
- **Ice cream** on Napier **Marine Parade**
- The very successful **cake stall** in Taradale. Many donations (cakes) from all of you and all the cakes were sold.
- Stargazing at the **HB Holt Planetarium**. Every evening for the last few weeks I have seen a red star in the sky. I found out that this was Mars.

A few quotes from the group members:

- *The women's group is fantastic*
- *We have been to so many places together*
- *Interesting, varied and fun. I never thought I could swing a hammer. Now I made a planter box with herbs*
- *A big thank you to everyone in the group to giving me the front seat in the van*
- *Enjoyed myself on the beach with ice cream*
- *It's great sharing activities with all of yours*
- *And we all have to put up with Annie and Mary J God bless*
- *Helping out with knitting*



STRIVE REHABILITATION @  
HAWKE'S BAY  
FUNDRAISER

# SCARVES GALORE

**Small scarves** \$3.00 each or 4 for \$10.00

**Large scarves** \$5.00 each or 3 for \$12.00

A big thank you to **Maxine**  
for the generous donation of scarves  
to sell for fundraising  
towards our trips around Hawke's Bay.  
Thank you so much for your support  
We really appreciate it

## PHOTO GALLERY



*Last piece of the puzzle*



*Mike & Holly on Holly's last day*



*TBI Men's Group on Marine Parade*





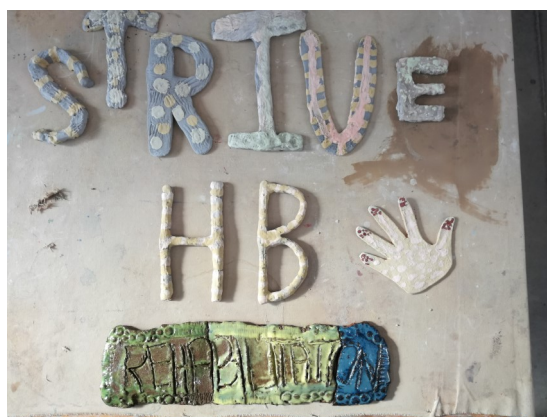
*TBI Men's Group at Sharpies*



*Clay Group enjoying an ice cream at Lick This*



*Clay Group at Hastings Art Gallery then coffee @ Westermans*



*Work in progress—the new Clay Group SR@HB sign—looks good, doesn't it?*



*Senior Men's Group @ Vintage Car Club, HB*



## 2018 ANNUAL TRIP UPDATE

This year we are going to do things a little differently for the Annual Trip.

To include more of our clients this year, we have decided to organise **day trips** around Hawke's Bay from **Monday 1st to Friday 5th October** rather than staying in accommodation overnight. Every day the bus will leave from and return to EIT.

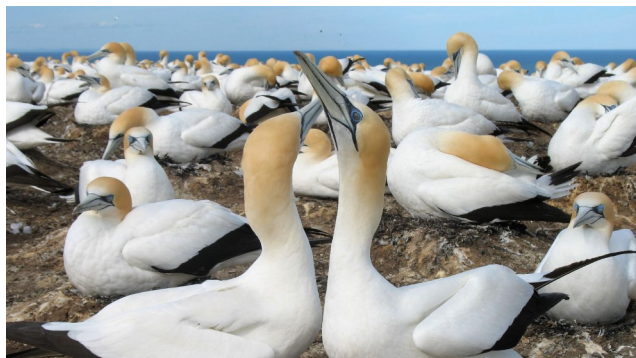
We understand that this may cause disappointment for some but it also provides an opportunity for others to be included and experience different activities around the Bay.

We will be putting out a booklet soon which will have the activities for each day. People can then choose which days they would like to be a part of. You might like the look of one day, three days or all five days.

One of the activities we are looking at doing is the **Cape Kidnappers Overlander**

There will be a cost to each day but we will get back to you and confirm what the cost will be.

We will update you with more details about this exciting week as they come to hand.



## FUNDRAISING

We are still fundraising as there is still a cost to the week.

We have the **Book Fair** Thursday 16th and Friday 17th August (tomorrow). See pages 6 & 7.

As well as this we have our ongoing fundraising:

**Ecostore Soap** - See page 9

**Grocery Raffle** - See page 4

**Scone Day** - Every fortnight make scones to order for EIT staff

**Scarves** - See page 11

**Finns Fudge**—sold out

### ANSWERS TO THE WUZZLES (Back Page)

1. Low Back Pain
2. Shaking All Over
3. Short End of the Stick
4. Head Over Heels in Love
5. Count Down
6. Apple Turnover

Manager: Guenevere Weatherley

Rehab Co-ordinators: Annie Spiekerman  
Kim Herd  
Darryl Smith  
Pete McLachlan

Supported Living Co-ordinator: Sherilyn Rawlings

Rehab Coach: Roger Mabey

Administration: Carron Burn

Rehab Professional: Maxine Bevin

**SOCIAL CLUB**

Co-ordinator: Anita Miller

Staff Support: Kim Herd

Secretary: Maria Dawson

Treasurer: Andrew Routledge

Committee: Michael Katene  
Michael Hape  
Ross Hantler  
Dawne Gooch  
Teresa Ashe

Newsletter Editor: Anita Miller

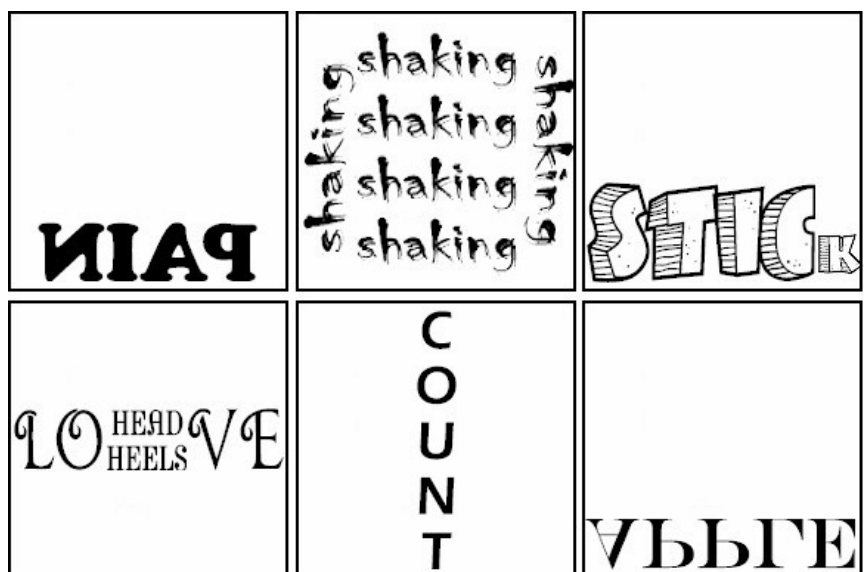
Taking a break from  
**Woodturning & starting  
Cooking at  
9:00 am - 12 noon  
starting  
Monday 20 August  
from at the  
Training Kitchen  
(L Block)**

## WUZZLES

How did you go last time?

Here's another lot.

The answers are on page 11.



## COMING UP

### Book Fair

9:30 am to 1:30 pm on  
Thursday 16th & Friday  
17th August at Strive  
Rehabilitation @ Hawke's  
Bay .

### DeBretts

#### Hot Pools in Taupo

9:00 am—4:00 pm on Friday  
21st September.

See Annie if you are  
interested

### Day Trip Week

Monday 1st to Friday 5th  
October.

More details coming out  
soon.

See Anita or Kim if you have any questions at Strive Rehabilitation @ Hawke's Bay

Phone 06 830 1557 (DD)

Email [anita.miller@strivehb.org.nz](mailto:anita.miller@strivehb.org.nz)